

# TERM 2 TIMETABLE 2022

Day Classes Only - See reverse for afternoon & evening classes

Timetable is a Guide only. Please enquire directly with class tutors for more information or to book in.

Contact details and class descriptions at [www.mpcc.org.nz](http://www.mpcc.org.nz).



MON	TUES	WED	THURS	FRI	SAT
Table Tennis 9 - 10am	Anne Po Yoga 6 - 7am		Anne Po Yoga 6 - 7am		
Heidi Gymstick 9 - 10am	Christchurch Yoga 9.30 - 10.45am	Suzuki Early Childhood Music 9.30 - 10.30am	Mens Table Tennis 9 - 10am		Farmers Market 9.30am - 12pm
Pilates Beg Mat 9.15 - 10.15am	Walking Group 9.30am	Tai Chi & Qigong 10.30 - 11.30am	Walking Group 9.30am	Technical computer help 10am - 12pm	Art & Craft Market 9.30am - 12pm *
U3A 10am *	Heidi Yoga 11.15 - 12.15pm	Dance Fitness 10.30 - 11.30am	One Stitch at a Time 10am - 12pm		
YogaIntuition Theme Class 10.30am - 12pm					<b>SUN</b>
		Fly High Yoga 12 - 1pm			

\* U3A 3rd Monday of the month

\*Art & Craft market 2nd Saturday of the month

# TERM 2 TIMETABLE 2022



Afternoon & Evening Classes Only - See reverse for morning classes

Timetable is a Guide only. Please enquire directly with class tutors for more information or to book in.

Contact details and class descriptions at [www.mpcc.org.nz](http://www.mpcc.org.nz).

MON	TUES	WED	THURS	FRI	SAT
Tai Chi 2.30 - 3.25pm		Dance Revolution 3.30 - 6pm	Mt P Singers 1 - 2.30pm *		
Dance Revolution 3.30 - 6:30pm	AK Dance Academy 3.30 - 5.15pm	Proactive Tigers 4.30 - 5pm	Dance Revolution 3:30 - 5.30pm	AK Dance Academy 4.00 - 5.30pm	
Proactive Tigers 4.30 - 5pm		Proactive Panthers 5.10 - 5.55pm		Anne Po Yoga 5.45 - 6.45pm	
Proactive Panthers 5.10 - 5.55pm	Christchurch Yoga 5.45 - 7pm	Proactive Xtreme 6 - 7pm	Adult Ukulele 4.30 - 5.30pm	YogaIntuition Beginners Course 7 - 8.30pm	<b>SUN</b>
Proactive Xtreme 6 - 7pm		Jete Studio Acro Dance 6 - 8pm	Adult Beginners Ukulele 5.45 - 6.45pm		Speedcube 1 - 3pm *
Mt P Ukulele Band 6 - 7pm	Heidi Gymstick 7 - 8pm		Georgia Yoga 6.30 - 7.30pm		
Fly High Yoga 6.30 - 7.30pm					

\*The Mt P Singers last Thursday of the month

\*Speedcube 3rd Sunday of the month