

# TERM 2 TIMETABLE 2024



**Day Classes Only - See reverse for afternoon & evening classes**

Timetable is a Guide only. Please enquire directly with class tutors for more information or to book in.

Contact details and class descriptions at [www.mpcc.org.nz](http://www.mpcc.org.nz).

MON	TUES	WED	THURS	FRI	SAT
	Anne Po Yoga 6 - 7am		Anne Po Yoga 6.30 - 7.30am		
Heidi Gymstick 9 - 10am	Loopy Tunes 9.15 - 10.15am		Walking Group 9.30 - 10.45am		Pitter Patter Dance 9 - 11.30am
	Christchurch Yoga 9.30 - 10.45am		One Stitch at a Time 10am - 12md		Farmers Market 9.30am - 12.30pm
U3A 10am *	Walking Group 9.30 - 10.45am	Dance Fitness 10 - 11am		Heidi's Pilates/Yoga 10 - 11am	YogaInuition Theme Class 9.30 - 11.30am
		Yoga with Hollie 12 - 1pm			
	Heidi's Pilates/Yoga 11.15am - 12.15pm				

\*U3A 3rd Monday of the month

# TERM 2 TIMETABLE 2024



**Afternoon & Evening Classes Only - See reverse for morning classes**

Timetable is a Guide only. Please enquire directly with class tutors for more information or to book in.

Contact details and class descriptions at [www.mpcc.org.nz](http://www.mpcc.org.nz).

MON	TUES	WED	THURS	FRI	SAT
Tai Chi 2.30 - 3.25pm	AK Dance Academy 3.30 - 5pm	Dance Revolution 3.30 - 6pm			
Dance Revolution 3.30 - 6:30pm	Kids Jazz Hip Hop 3.30- 5pm	Proactive Tigers 4.30 - 5pm	Dance Revolution 3:30 - 5.30pm	AK Dance Academy 3.30 - 5.30pm	
Proactive Tigers 4.30 - 5pm	Adult Tap Dancing 5.30 - 6.30pm	Proactive Panthers 5.10 - 5.55pm	Ukulele Class 4 - 5pm		
Proactive Panthers 5.10 - 5.55pm	Christchurch Yoga 5.30 - 7pm	Proactive Xtreme 6 - 7pm	Adult dance fitness 5.30 - 6.30pm		<b>SUN</b>
Proactive Xtreme & Kickboxing 6 - 8pm		Proactive Kickboxing 7 - 8pm			Speedcube 1 - 3pm *
Mt P Ukulele Band 6 - 7pm	Heidi Gymstick 7 - 8pm		Pilates for Runners 7.15 - 8.15pm		
Fly High Yoga 6.30 - 7.30pm					
Pilates for runners 7.15 - 8.15pm					

**\*Speedcube 1st Sunday of the month**